The Congregation at Prayer

*A Guide for Daily Meditation and Prayer*

*for Second Sunday after the Epiphany*

*January 19, 2025*

*Pray and confess aloud as much from the order of meditation and prayer, as you are able, or as your family size and ages dictate. Learn by heart the verse, catechism, and hymn of the week.*

***Invocation* -In the name of the Father and of the T Son and of the Holy Spirit. Amen.**

**Verse:** Psalm 103:1-3

Bless the Lord, O my soul,

and all that is within me,

bless his holy name!

Bless the Lord, O my soul,

and forget not all his benefits,

who forgives all your iniquity,

who heals all your diseases

**Apostles’ Creed**

**Psalm of the Week: Psalm 66**

**Bible Readings for the Week**

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| **Day** | **New Testament Reading** | **Old Testament Reading** |
| Monday | Matthew 4:18-25 | Genesis 17:1-22 |
| Tuesday | Matthew 5:1-9 | Genesis 18:1-33 |
| Wednesday | Matthew 5:27-48 | Genesis 19:1-29 |
| Thursday | Matthew 6:1-23 | Genesis 21:1-8 |
| Friday or  **St. Timothy** | Matthew 7:1-14 or  **Matthew 24:42-47** | Genesis 24:1-28 or  **Acts 16:1-5** |
| Saturday or  **Conversion of St. Paul** | Matthew 7:24-29 or  **Matthew 19:27-30** | Genesis 24:29-67 or  **Acts 9:1-22** |

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| **Catechism: Confession** | **Grades** |
| *What is Confession?*  **Confession has two parts. First, that we confess our sins, and second, that we receive absolution, that is, forgiveness, from the pastor as from God Himself, not doubting, but firmly believing that by it our sins are forgiven before God in heaven.** | K+ |
| *What sins should we confess?*  Before God we should plead guilty of all sins, even those we are not aware of, as we do in the Lord’s Prayer; but before the pastor we should confess only those sins which we know and feel in our hearts. | 2nd+ |
| Which are these?  Consider your place in life according to the Ten Commandments: Are you a father, mother, son, daughter, husband, wife, or worker? Have you been disobedient, unfaithful, or lazy? Have you been hot-tempered, rude, or quarrelsome? Have you hurt someone by your words or deeds? Have you stolen, been negligent, wasted anything, or done any harm? | 3rd+ |